

Contact: Bruce Garber
Project Manager
e-mail: bgarber99@comcast.net
e-mail: brucegarber@gmail.com



Press Release

Attleboro High School Adjustment Counselor Sets Four New World Records

Most miles run on a treadmill in a 12 hour period. Martin Tighe broke 4 world records along the way.

Attleboro, MA, March 19, 2005: City teacher Martin Tighe breaks World Records four times during a 12-hour training run to prepare for his April 29 try to set a 24-hour record.

Tighe on Saturday set the record for most miles run on a treadmill over 12 hours, 85.83 miles. He beat the old record by 0.15 miles.

Tighe also set treadmill records for the 50-kilometer, 3:44:48, the 50-mile, 6:06:19, and the 100 kilometer, 7:39:31.

Tighe, 46, is an adjustment counselor at "The Network, Attleboro's alternative school environment for at-risk teens. He is running to encourage teenagers to "Go The Distance" and stay in school.



"It's about the program and the struggles and the challenges that they have," he said. "I get a lot of inspiration from their resiliency to the challenges they face in their lives."

In April 2003, Tighe won the North Pole Ultra marathon, a trek across the Arctic.

For additional information, visit www.friendsofahstrack.netfirms.com and click on "Go The Distance."

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